

BOWMAN'S CAPSULE

NOVEMBER 2005

Editor: Amanda Brooks

**INTERVIEW WITH THE INTERIM DIRECTOR
BY AMANDA BROOKS**

We see him in the halls and in the back of the classroom on Mondays and Wednesdays. We can read about his many career accomplishments in the faculty directory. We see him working on the director search and overseeing the interests of the PA program. But, who really is Dr. Reifler?

A quiet man of many talents and stories, he is foremost a husband and father. He states, "there are some decisions in life that should be made logically, but two emotional decisions are the choice of a spouse and the choice of a career". These two emotional experiences intertwined when he met his wife Frances, an ICU nurse, while he was an intern at Grady Hospital in Atlanta. They have been happily married for 35 years and raised two children Dana and Jason. The entire family avidly follows Wake Forest Basketball.

His interest in medicine began as a child. He considers his father Dr. Reuben Reifler, a dermatologist, to be one of his mentors; remembering his kind and gentle nature, he was a clinician who treated everyone

equally. However, Dr. Reifler admits he did not have that "fire" for dermatology that his father had; his passion lay in psychiatry, geriatric medicine and academics. With extensive research and clinical focus in Alzheimer's disease, he describes the highlight of his career was creating, at the University of Washington, a model for the evaluation of Alzheimer's disease, which included a family evaluation.

In addition, to developing these research and clinical interests, he knew he wanted to be a Department Chair early in his career. While working for the National Institute of Mental Health in 1977, he was sent to Bowman Gray School of Medicine for a site visit. During this time he remembers thinking, this would be a great place to build a program, but dismissed it. He recalls that nine years later, his Department Chair, Dr. Jack Carr, nonchalantly informed him in an elevator that there was a Department Chair opening at Bowman Gray and I submitted your

name. Along with recruitment from Dr. Richard Janeway, who he considers another mentor, Dr. Reifler resided as Department Chair from 1987-2000. Which was followed by four years as director of Faith in Action, a national interfaith care giving program, funded by the Robert Wood Johnson Foundation.

Dr. Reifler's Favorite Quote: "The purpose of education is not to fill the pail but to light the flame." - Unknown

In 2004, Dr. Applegate appointed him Senior Advisor to the Dean. Which he admits, he didn't know what that meant at the time, but it sounded good. He quickly found his involvement, as Interim Director of the PA Program. He states "the time is right for the PA program to have greater visibility in the medical school" and believes Dr. Applegate is fully committed to the PA program. Dr. Reifler describes the program as "an energetic, bright group of students, with a devoted faculty, and remarkable physical facilities" and he is eager to help



Dr. Reifler and his family on vacation at the Isle of Palms, South Carolina. (Left to right: Dana, Frances, Jason, and Dr. Reifler)

recruit a permanent director, "to make this already outstanding program among the very top tier in the country".

In closing, when asked to provide some words of advice to students, Dr. Reifler replied, "They have an exciting adventure ahead to them..." medicine is ever-changing, and "people will trust you with the inner most details of their lives, honor that trust."

**HELPING KATRINA VICTIMS WITH A PENNY WAR
BY ROSS MANGIN & ANN COLLINS**

Bowman's Capsule is published for & by PA students of Wake Forest University School of Medicine. Any views expressed are those of the newsletter staff & don't necessarily reflect the views of the PA program.

The Community Service committee recently held a penny war to raise support for the victims of hurricane Katrina. The class was split into their 6 PBL groups and a faculty group to provide some competitive incentive. We found out how truly competitive our class was as chaos ensued in the last half hour, with multiple last minute

donations in an effort to take down enemy groups. When all was said and done the entire class participated and we raised over \$1000 which was given to the PA Foundation to rebuild medical facilities in the area affected by the hurricane. Way to go Class of 2007!

PA PROGRAM REACCREDITED!

BY ELEANOR RUSSELL



In September, the PA Program received notification that it has achieved full accreditation from the ARC-PA (Accreditation Review Commission on Education for Physician Assistant, Inc.). The ARC-PA "is the accrediting agency that protects the interests of the public and PA profession by defining the standards for PA education and evaluating PA educational programs within the territorial United States to ensure their compliance with those standards." (<http://www.arc-pa.org>)

Our program has enjoyed a long history of continuous accreditation. WFUSM PA Program was formerly known as the Bowman Gray School of Medicine PA Program and joined the accreditation process as soon as it was developed. As the profession matured so did the accreditation process and agency affiliations. The first accrediting

body was called the JRC-PA (Joint Review Committee for Educational Programs for the Assistant to the Primary Care Physician) and was active starting in 1972. The responsibility for accrediting PA Program has passed through several structures and currently resides with the ARC-PA.

Accreditation is an external peer review process and the WFUSM PA Program participates voluntarily. The program engages in rigorous self study and produces periodic reports to document the process and invite review. After which the accrediting agency personnel evaluate the program during a site visit. However, the students can appreciate this reflective practice as many of the curriculum features allow for students to self assess their progress toward goals for learning and professionalism.

TECH TIP: BACK-UP YOUR DATA!

BY CHRISTY WERTS

PC TECHNICAL SUPPORT ANALYST

WFUSM, DEPT. OF ACADEMIC COMPUTING



I'm sure you have heard IT professionals say things like "Make sure you back up your data" or "Copy your data to cd". What exactly does that mean? I'm glad you asked. First of all, when we say "data" we mean files and folders (PowerPoint slide shows, Word documents, Excel spreadsheets, Favorites, Outlook, etc.), not programs. Programs cannot be copied from one media to another. If a hard drive crashes, programs are not recoverable. They must be reinstalled. Secondly, there is no magic button called "BACKUP" that you can click. Instead, you should pick out the data that is important to your (Master's Project, *hint...hint*) and copy it to an external storage device(cd, dvd, external hard drive or USB flash drives).

Academic Computing has configured your laptops for Outlook, Favorites and Desktop folders to be stored in My Documents.

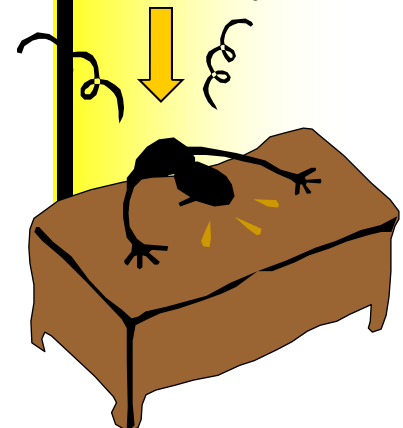
Programs that have data files such as Reference Manger, SAS, and TurboTax, store data in C:\Program Files\ so it would be a good idea to backup these folders as well.

The IBM Thinkpads are equipped with a CD burner and IBM RecordNow software. These can be used to copy data to CD-Rs. DVD burners, external hard drives and USB flash drives can be purchased at any store that sells computer equipment. For questions regarding backing up your data, feel free to email me at cwerts@wfubmc.edu or call me at (336)716-7413.

CLASS OF 2008 APPLICATION UPDATE

- ◆ 380 applications received
- ◆ 126 applicants will be interviewed
- ◆ Interviews will be held: January 9th, 11th, 13th, 23rd, 25th, 30th, and February 1st
- ◆ Current students will be asked to take applicants on tours of the medical center. Janie would like 6 students each day to conduct a one hour tour. Sign-up sheet available at the front desk in January.
- ◆ Invitations for admission will be distributed in mid-February.

Back-up your data! Yes, this means you. Back it up now, so this isn't' you.



**SPORTS COLUMN: COME WATCH US PLAY
(AND TREAT OURSELVES AFTERWARDS)**

BY JANE REGO

We are now in the middle of our Fall Semester Sports Season and both our dodge ball and soccer teams are off to a great start. The dodge ball team finished the season (5:2). We live by the dodge ball strategies that Keith Hill provided at the beginning of the season. Some of our favorites include:

1. Have someone on your team do a cart-wheel, and then totally peg 'em.
2. Use some sort of scream before attacking to shock your opponent.
3. Bring water bottles, the sport is deceptively tiring. The adrenaline rush alone will wipe you out.

And one of our very own classmates started a new strategy: to wear spandex to distract the other team while you nail them with the ball (I'll let you guess who that was).

Our soccer team has made great improvements since the beginning of the season. We ended the season (0:4:1). Our goalie, Roger Ordronneau, was taken out by a bad case of poison ivy, but is expected to return soon. Our uniforms are by far the best in the league thanks to John Shilt's amazing cosmic red soccer socks.

Upcoming intramural sports are basketball and indoor soccer. Come out and support our teams!

Soccer Team

- | | |
|--------------------|----------------------|
| 1. Suzanne Cashin | 9. Harmony Johnson |
| 2. Ann Collins | 10. Mark Mering |
| 3. Kaye Brownlee | 11. Roger Ordronneau |
| 4. Jenny Pearland | 12. Lyndsey Paul |
| 5. Mandy Helms | 13. Jane Rego |
| 6. Betsy Hemminger | 14. John Shilt |
| 7. Paige Holder | 15. Megan Skiles |
| 8. Mike Hughes | 16. Audrey Wolf |



Suzanne: "Guys stop making fun of me!"



From left to right: Ann, Lyndsey, Audrey, Jane, Suzanne, Mandy, and Betsy, getting ready for a soccer game.

Dodge ball Team

- | | |
|----------------------|---------------------|
| 1. Adam Baker | 8. Ross Mangin |
| 2. Emily Beard | 9. Roger Ordronneau |
| 3. Matt Borges | 10. Lindsey Paul |
| 4. Suzanne Cashin | 11. Jane Rego |
| 5. Lauren Fallis | 12. John Shilt |
| 6. Leigh Ellen Floyd | 13. Jeremy Wetter |
| 7. Keith Hill | |



Keith (left) and John (right) dominate the dodge ball court. Or maybe the other team was just distracted by John's spandex and Keith's feminine legs.

Bowman's Capsule may also be viewed at:
[http://www1.wfubmc.edu/PAProgram/
 SAAAPA+Chapter/](http://www1.wfubmc.edu/PAProgram/SAAAPA+Chapter/)

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 comments, questions, or concerns

BEST MODERATOR



Adam Baker, PA-S1 introducing Dr. Patrick Ober, Associate Dean of Medical Education at a medical lecture.

Four years of Undergraduate Education \$50,000
 GRE testing, PA school applications & interviews \$1,000
 PA Student Living & Education expenses \$80,000
 Introducing the Associate Dean of Medical Education in a
 blow-up Halloween costume. Priceless!

WHAT TO DO OVER THE HOLIDAYS IN WINSTON-SALEM

INFORMATION PROVIDED BY: JANIE MCDANIEL

Take a break from studying, enjoy the holidays with your new school friends and family. Check out what is happening in the area.

Wake Forest University Festivities

"Lighting of the Quad" Dec. 1, 7 p.m. Hearn Plaza (Quad). An interfaith celebration featuring music, singing, speakers and refreshments. Students decorate the plaza with a live evergreen tree, greenery and lights.

Holiday Choral Concert Dec. 1, 8 p.m. Brendle Recital Hall, Scales Fine Arts Center. Features the ensembles of the Wake Forest Choral Department.

University Orchestra Concert Dec. 2, 8 p.m. Brendle Recital Hall. Includes music from Domenico Cimarosa and Jean Sebelius as well as Samuel Barber's orchestral working of Christmas carols titled "Die Natali."

Christmas Candlelight Lovefeast Dec. 4, 8 p.m. Wait Chapel. Popular event featuring a traditional Moravian lovefeast and candlelight service. Luminaries encircle Hearn Plaza.

Moravian LoveFeasts: in Davis Chapel

Dec. 12, at 12 noon; Dec. 14, at 3 p.m.; and Dec. 16, at 12 noon

Winston-Salem Festivities

Tanglewood Festival of Lights: Through 1/1/06, 6pm-11pm

This is a 3-mile drive through Tanglewood Park

Cost: Mon. - Thurs. \$8 per car; Fri. - Sun. and holidays \$12 per car

Winston-Salem Symphony Holiday Concerts: FREE Symphony Holiday Concert

Thursday, December 15, 7:30 p.m.

Location: LJVM Coliseum, free parking

Admission: Donation of canned food

An Old Salem Christmas: Saturdays in December from 9:30 a.m. to 4:30 p.m.

All Old Salem attractions will be open, regular admission ticket

Moravian Candle Teas at Old Salem:

December 1, 2, 8, and 9 from 2 p.m. to 8:30 p.m.

December 3 and 10 from 11:30 a.m. to 8:30 p.m.

Location: Single Brothers' House in Old Salem

Christmas Eve Love Feasts at Home Moravian Church in Old Salem:

December 24 at 11 a.m., 2:30 p.m., 5 p.m., and 7:45 p.m.

"Yule in the Shul" Hanukah celebrations at Temple Emanuel

beginning December 25, Contact Temple Emanuel at 722-6640

QUOTABLES

"PA school humbles intelligent minds by escalating awareness to their ignorance." - Keith Hill, PA-SI