

Wake Forest University Baptist  
Medical Center

Nurse  
Anesthesia  
Program



*Established in 1941, the Nurse Anesthesia Program at WFUBMC has been providing quality education in nurse anesthesia for nearly seven decades. Known for the outstanding quality of its graduates, the program follows the vision of Creating Excellence in Nurse Anesthesia by a commitment to the development of the total individual. Instilling passion, professionalism, and stewardship in its students is a foundational hallmark of the program.*



Wake Forest University Baptist  
**MEDICAL CENTER**

Nurse Anesthesia Program  
Medical Center Blvd  
Winston-Salem, NC 27157

This brochure was made possible with the assistance of the Piedmont Triad Partnership through a WIRED grant from the U.S. Department of Labor.

# H<sub>3</sub>A Tri-Development in Anesthesia



A three-fold developmental  
program to ensure success among  
new nurse anesthesia students

Provided as a service of the Nurse Anesthesia Program  
of Wake Forest University Baptist Medical Center

## Tri-Development Concept

This two and-a-half day workshop will immerse you in a "Fast Forward" learning experience designed to provide you with valuable tools to help you not only succeed, but to *flourish* in a Nurse Anesthesia Program.

The course was created around the concept that there are 3 "H"s of anesthesia student success: technical knowledge (*head*), self-awareness of one's personality and learning styles (*heart*), and competence with manual skills (*hands*). This program will expose you to unique and experiential learning opportunities which will lay a strong foundation for your future learning.

The course curriculum is based upon scientific research which identified the areas of greatest additional learning needs among anesthesia students from across the country.

The H3A course gets your educational journey started on the right foot. Come prepared to learn more about Anesthesia concepts, your own styles and preferences, and your abilities. You will walk away with a better grasp on how your *head*, *heart*, and *hands* all blend together for your success.

Special activities include a *role model luncheon* where you can interact with experienced nurse anesthesia program faculty. Additionally, you will implement all of your new learning in a simulated surgical environment.



## Curriculum

The course curriculum will begin immediately with on-line activities you can perform at your own pace. These will include assessments of your learning style and personality traits, video instruction on clinical skills, and interactive discussions with other new students. The daily schedule will involve classroom lecture and discussion, with afternoons spent in hands-on laboratory learning (lab attire will be provided).

### Developmental Realm: Head



**Physics:** Mini lab of gas laws and oxygen handling. **Respiratory:** Ventilator management. Signs of ventilatory failure. ABG interpretation. **Pharmacology:** Pharmacokinetics of IV drugs. Drugs common to ICU and anesthesia. **Neuro:** BIS, ICP management, Autonomic nervous system, Nerve stimulator monitoring.

### Developmental Realm: Heart



Discover what a day in the life of a SRNA is like: Learn about your learning style, time management techniques, effective study habits, & test-taking strategies. Bonus: "role model luncheon" with successful CRNAs, including special guest, Sandra Ouellette, President of the International Federation of Nurse Anesthetists.

### Developmental Realm: Hands



**Airway management:** Anatomy, mask technique, assessment, cricothyrotomy, airway tools and laryngoscopy. **Regional:** Spinal and epidural laboratory. **Vascular access:** Central line insertion. **Integration:** High-fidelity human patient simulation lab— putting it all together.

## Registration

### H3A: Tri-Development in Anesthesia

July 9–11, 2009 \$100.00

Total: \_\_\_\_\_

Fee includes: Access to on-line course until August, 2009, classroom and lab content, the "role model luncheon", simulation lab fees, and a custom set of H3A scrubs, which are yours to keep.

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Scrub clothing size (circle) Shirt: XS S M L XL Pants: XS S M L XL

Method of Payment

- Check  Visa  
 MasterCard  American Express

Credit Card # \_\_\_\_\_ Exp. date \_\_\_\_\_

Signature \_\_\_\_\_ Card security # \_\_\_\_\_

Registration limited to space available

Please return this form to:

Nurse Anesthesia Program  
 Wake Forest University Baptist Medical Center  
 Medical Center Blvd  
 Winston-Salem, NC 27157  
 Or by fax to (336) 716-1412  
 Or by email to NAPinfo@wfubmc.edu

Course will be held from 8:00 am until 5:00 pm July 9-10, and 8:00 am until noon on July 11 at the Medical Center. Call for information about discounted lodging and free hotel shuttle service. (336) 716-1411