

The WHCoE Announces Associate Faculty Designations

Recently, an invitation was extended to faculty on WHCoE Program Committees and in the Mentoring Program to become Associate Faculty in the WHCoE, in recognition of their service in the Center.

Associate Faculty serve as:

- Ambassadors and agents of our mission and goals within the outside the institution.
- Active participants on WHCoE committees, task forces and the Mentoring Program.
- Liaisons for communication between the WHCoE and their departments.

Incentives for Associate Faculty appointment include:

- Acknowledgement of affiliation with the Center.
- Acknowledgement of efforts in furthering our missions and growth.
- Demonstrating institutional citizenship in the WHCoE for promotion consideration.

We consider the appointment of faculty as Associates in the WHCoE as being beneficial to the WHCoE itself, the individuals who hold these appointments, their de-

The following departments are represented by the Associate Faculty of the WHCoE:

Anesthesiology
Biochemistry
Cancer Biology
Center for Nursing Research
Dentistry
Dermatology
Family & Community Medicine
Internal Medicine
Neurobiology & Anatomy
Neurology
NWAHEC
Obstetrics & Gynecology
PA Program
Pathology
Pediatrics
Public Health Sciences
Psychiatry
Radiation Oncology
Radiologic Sciences
Surgical Sciences

partments, and the Medical School as a whole.

Departmental Liaisons Connect the WHCoE to WFUSM

The WHCoE has revitalized the Departmental Liaison Program and is pleased to announce a renewed connection to each department and section within WFUSM.

The main goal in re-establishing this program is to assist in the recruitment of women faculty. To that end, Departmental Liaisons were charged with the following responsibilities:

- Notifying the WHCoE

Leadership and Mentoring Committee when women faculty candidates are being interviewed in the department, so that someone from WHCoE can be included in the interview process.

- Encouraging women faculty in each department to attend WHCoE functions.
- Encouraging new junior women faculty to join the Mentoring Program.

Initial appointments will run until August 2007.

To kick off the program, the WHCoE sponsored an after work social where Liaisons had the opportunity to meet other program participants and familiarize themselves with the Center.

We would like to thank all who agreed to participate in the program. We hope this will be a beneficial relationship for all.

Who We Are:

Mary Lou Voytko, PhD,
Director
Maggie Dailey, MPH, PhD,
Associate Director
J. Mark Cline, DVM, PhD DACVP
Research Program Director
Sonia Crandall, PhD, MS
Leadership Program Director
TBA
Education Program Director
Stacy Rega, MPH,
Associate Project Manager
Diana Cornelison
Administrative Assistant
Natalie Barrett
Administrative Secretary

Vision:

To improve the health of women and their families by: developing excellence and innovation in women's health research, disseminating best practices in women's health to all constituencies and promoting women's professional development.

Donations:

To find out more about making a donation to the Center, please visit wfubmc.edu/whcoe/Make+a+Donation

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Women's Health Funding Opportunities

A new segment begins in this issue. The WHCoE would like to share some funding opportunities the Research Program has come across:

American Board of Obstetrics and Gynecology (ABOG)/American Association of Obstetricians and Gynecologists Foundation (AAOGF) Scholarships: fundingopps.cos.com/alerts/95222

Health Disparities Among Minority and Underserved Women:

- National Institute of Health: fundingopps.cos.com/alerts/88458
- National Institute of Nursing Research: fundingopps.cos.com/alerts/88464
- National Institute of Child Health & Human Development: fundingopps.cos.com/alerts/88465
- Office of Research on Women's Health: fundingopps.cos.com/alerts/88466
- National Institute on Drug Abuse: fundingopps.cos.com/alerts/88468

Postdoctoral Fellowship Awards: LAM Foundation. fundingopps.cos.com/alerts/58558

Established Investigator Awards: LAM Foundation. fundingopps.cos.com/alerts/58565

Population Specific Research Projects: Komen Breast Cancer Foundation fundingopps.cos.com/alerts/28098



Spotlight On: Women Faculty

Judy Brunso-Bechtold, PhD, will receive this year's Established Investigator in Basic Science Award from WFUBMC on September 26th.

Dr. Brunso-Bechtold, Professor of Neurobiology and Anatomy, received her Bachelors of Science degree at Duke University, her Masters and Doctoral degrees at Florida State University and postdoctoral training at Washington University in St. Louis and Vanderbilt University.

Throughout her career, Dr. Brunso-Bechtold has been interested in how connections in the nervous system develop and change across the life span and, in particular, how they are affected by different trophic factors. Currently, her research is focused on determining the synaptic changes that underlie the cognitive impairment that

can accompany aging and therapeutic whole brain irradiation.

When she came to WFUBMC, Dr. Brunso-Bechtold became active in the growing area of Neuroscience research at the institution and was involved in the establishment of both the graduate Program in Neuroscience and the Western NC Chapter of the Society for Neuroscience. The training of graduate and medical students has been a particular interest for Dr. Brunso-Bechtold.



Dr. Brunso-Bechtold, Professor, Neurobiology & Anatomy

Since coming to WFUBMC, she has taught and advised medical students and graduate students in 4 departments as well as mentored 8 doctoral students and 4 postdoctoral fellows. She also has been involved with cross-campus interactions, serving on the Graduate Council and as President of the University Senate as well as on the search committees for the most recent Dean of WFUSM and President of WFU. In addition, Dr. Brunso-Bechtold has been involved in national organizations serving as Vice President of the American Association of Anatomy and councilor of the Association of Neuroscience Departments and Programs.

Congratulations to Dr. Brunso-Bechtold!

Women's Health Awareness

Visit healthfinder.gov/library/nho for women's health related National Awareness Campaigns, including:

September

Polycystic Ovarian Syndrome Awareness: pcosupport.org

November

Pre-maturity Awareness: www.marchofdimes.com

October

Breast Cancer Awareness: nbcam.org/about_nbcam.cfm

Lupus Awareness: www.lupus.org

20: National Mammography Day: www.cancer.org



Women's Forum Update

Since its revitalization three years ago, the Women's Forum, an organization of women faculty and key administrators at WFU, has been working to: create change in policies and practices at WFU; encourage collegiality across all schools of the university; and promote and sustain a healthy and stimulating working environment in which the contributions and needs of women are fully acknowledged.

What they have accomplished:

The Leadership Task Force of the Women's Forum announces the publication of their year-long study, "Demographic Trends in Wake Forest University, 2001-2005, available at groups.wfu.edu/womensforum/. In this document, you will find statistics gleaned from the six schools in the university representing the following areas:

- Faculty by gender, rank & tenure
- Faculty by minority, rank & tenure
- Leaders across the entire University by gender

- Students by gender & minority.

This publication was presented to university leaders in July, including members of the University Strategic Planning Council for use in campus-wide strategic planning during the year 2006-2007.

The Women's Forum is also sponsoring a new program to take place on the Reynolda campus in the fall semester, entitled, "Women's Work at Wake."

The first luncheon will be held on October 19, 11-12 in the Autumn Room. Participants are encouraged to bring their lunch; drinks and dessert will be provided. **Dr. Mary Gerardy, Associate Vice President of Student Life**, will speak about her work with students in Vietnam. Events in this series will be open to women faculty and key administrators who are interested in social networking and learning about the work of women at our institution. No need to register.

Women Junior Faculty Mentoring Program

The Women Junior Faculty Mentoring Program was established to provide a mechanism to assist and promote the advancement of women junior faculty in their professional career development, and for the recruitment and retention of women faculty. This Mentoring Program is a formalized program in which women at the junior faculty level (instructor, assistant professor) are linked with women and men senior faculty (associate and full professor) in one-on-one mentoring relationships. Currently, the Program is piloting a three month and year end

evaluation for both mentees and mentors. They will provide valuable information on the status of the program and help identify potential improvements.

Recently Mary Lou Voytko, PhD, Professor, Neurobiology & Anatomy; Director of the WHCoE and one of the Program's Mentors, co-authored, *Mentoring for Women and Underrepresented Minority Faculty and Students: Experience at Two Institutions of Higher Education*, which provides an overview of the WHCoE's Mentoring

Women's Health Tidbits

The HeartTruth Website Launched This Summer

Getting the word out about heart disease in women will now be easier thanks to the launch of The Heart Truth Professional Education website.

[The Heart Truth Professional Education web site](http://www.hearttruth.org/professional-education) provides information for doctors and educators about the prevention of heart disease in women including links to:

- consumer information and patient education materials
- evidence-based references for clinical decision making
- educational materials suitable for medical and nursing students, doctor assistant students, primary practice doctors, and other health care providers
- web-based CME learning modules about heart disease and women

The National Women's Health Information Center presents: "Tools to Build a Healthier Life".

This new page includes informational handouts on many topics including: Pregnancy Smoking Cessation Food & Diet Symptoms & Test Immunizations & Screenings Working with your Health Care Provider

For more information, visit their website at www.womenshealth.gov

Program. For more information on the article, see the Journal of the National Medical Association. 2006; 98 (9):1449-59: www.nmanet.org/.

Another article of interest is *On being a savvy mentor and mentee: Ethical Responsibilities in a mentoring relationship*, which can be viewed at www.endo-society.org/news/endocrine_news/2004/EthicsCornerDecemberEN2004.cfm

Events on the Horizon

2006 Research Program Women's Health Research Day

*** Mark Your Calendars ***

The 2nd Annual Women's Health Research Day (WHRD) is scheduled for March 13, 2007.

Walter Willett, MD, MPH, DrPH, Fredrick John Stare Professor of Epidemiology & Nutrition, Harvard

University School of Public Health, has graciously agreed to be our keynote speaker.

Stay tuned for more information about additional speakers and a call for posters, coming out soon.

Continental breakfast and lunch provided. Registration required only for Dr. Willett's talk.

To register for Dr. Willett's talk contact Diana Cornelison at dcorneli@wfubmc.edu.

Breastfeeding Classes

The final session of 2006 breastfeeding classes is scheduled to begin on October 10th. The class runs for 4 weeks and will take place 5:30-7:30 at the WHCoE. A \$30 fee will be

charged to cover the cost of course materials and expenses.

For more information about the classes, lactation supplies for sale, lactation rooms at the Medical Cen-

ter or the Human Milk Bank, please visit wfubmc.edu/women/whcoe_breastfeeding.htm.



Helping Moms Breastfeed Successfully

10th Annual Excellence Triathlon, a call for help



The next Excellence Triathlon will be held on May 12th, 2007 at Tanglewood Park in Clemmons.

This year, Stacy Rega, MPH, Associate Project Manager and Diana Cornelison, Administrative Assistant for the WHCoE will serve as Race Co-Directors.

BUT, this job is much too big for two, so we are looking for moti-

vated people to serve on task forces and assist with the planning of the race. It is never too early to start! Proceeds raised benefit Domestic Violence prevention programs.

Please visit excellencetriathlon.org for more information.

**There is no excuse for abuse
National Domestic Violence
Hotline: 1-800-799-SAFE**

11th Annual Graylyn Conference on Women's Cognitive Health...

...Continuing the Dialogue: Cutting Edge Translational Research

** Mark Your Calendars For :
October 24 - 26, 2007 **

The Conference brings together leading researchers in field of women's

cognitive health and proves to once again serve as a catalyst for new research in estrogen, heart disease, cognition and other fields. Stay tuned for more details as the agenda is finalized.

Subscriptions:

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