



Wake Forest University School of Medicine
**Women's Health Center of Excellence for Research,
Leadership, Education**

Fact Sheet

Work to End Domestic Violence

How Co-Workers Can Help

- ▶ If co-workers or patients confide in you that they are being abused, believe them.
- ▶ Listen without judging. Victims of abuse often believe their abusers' negative messages and feel responsible, ashamed and afraid they will be judged.
- ▶ Tell them they don't have to stay in the abusive situation and that help is available.
- ▶ Remember, domestic violence affects persons of all cultures, religions, ages, sexual orientations, educational backgrounds, and income levels. The majority of victims are women, but men can be victims of domestic violence, too.
- ▶ Call the Wake Forest University Baptist Medical Center's Employee Assistance Program at 716-5493 or the Family Services domestic violence program at 723-8125 for confidential advice and resources. For work-site emergency help, call 716-9111.

This information is general. If your doctor tells you something different, follow his or her instructions.

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For more information about women's health issues, stop by our Resource Center at 2000 West First Street, Piedmont Plaza II, 1st Floor, Winston Salem, NC 27104, visit our website at wfubmc.edu/whcoe or contact us at (336) 713-4220.