



Forensic Nurse Examiner Program

As we gear up for our Annual Excellence Triathlon, which raises funds for domestic violence (DV) prevention, we have asked the Forensic Nurse Examiner Program to provide some information about their program.

Who's caring for Hurt- ing Women in our Emergency Department (ED)?

... a group of specially educated and trained nurses who care for those who have fallen victim to violence and maltreatment. These nurses, called SANE (Sexual Assault Nurse Examiner) or FNE (Forensic Nurse Examiner), have been functioning in an expert role in the WFUBMC ED since 2000. To date, they have cared for over 500 patients, mostly women

and children. They provide 24/7 coverage for consultation and care of those reporting sexual assault, DV, and child and elder abuse and neglect. Collaborating with physicians, other nursing staff, law enforcement, community advocacy agencies, Child Protective Services, and officers of the court allows great continuity in each patient's care because these SANE/FNE individuals are the common thread throughout the entire process.

These nurses have provided education for emergency, pediatric and OB/GYN physicians on how to collect and preserve evidence while caring for patients. Routine staff updates are done to keep ED nurses sharp and as-

tute to this patient population.

The Program provides replacement clothing to patient, as their clothing is taken for forensic purposes. This expense has been eased for our program by community assistance from the United Methodist Women, the Circle of Friends and most recently by the WHCoE, which fulfilled our summer closet needs with clothing and toiletries. The funds to purchase these items were raised from the annual Triathlon, and this year the SANE/FNE staff look greatly forward to participating and volunteering in the Triathlon on May 20th at Tanglewood Park in Clemmons. More information about this event can be found on page 4.

Who We Are:

Mary Lou Voytko, PhD,
Director
Maggie Dailey, MPH, PhD,
Associate Director
J. Mark Cline, DVM, PhD DACVP
Research Program Director
Sonia Crandall, PhD, MS
Leadership Program Director
Eleanor Russell, M.A.
Education Program Director
Stacy Rega, MPH,
Associate Project Manager & Triathlon Director
Diana Cornelison
Administrative Assistant
Natalie Barrett
Administrative Secretary

Vision:

To improve the health of women and their families by: developing excellence and innovation in women's health research, disseminating best practices in women's health to all constituencies and promoting women's professional development.

Donations:

To find out more about making a donation to the Center, please visit wfubmc.edu/whcoe.

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What to do if you've been abused, raped or assaulted:

- Go to a safe place, maybe with a friend that can provide support for you.
- Call the police at 911
- Call the Rape Crisis 336-722-4457 (Family Services of Forsyth County)
- Do not bath or change clothes
- Go to the hospital, preferably one that has a Sexual Assault/Forensic Nurse Examiner Program, like Wake Forest University Baptist Medical Center.
- Know that surviving was all you were required to do.

Farewell to Ann Lambros as Education Program Director and Welcome to Eleanor Russell

Sadly, the WHCoE has had to bid farewell to Ann Lambros as Education Program Director, due to her successes in her roles as CERTL Program Director and Assistant Dean of Education. We wish Dr. Lambros all the best and look forward to her continued involvement in the Program.

Eleanor Russell, M.A., Assistant Professor, Physician Assistant (PA) Pro-



Eleanor Russell, MA, Director
WHCoE Education Program

gram and member of the Core Teaching Faculty Initiative at WFUSM, has graciously agreed to assume the role as Director of the WHCoE

Education Program effective February 1, 2006.

Ms. Russell has been involved in the Program in various forms since its beginning in 1997 and so it is fitting that she take the reins at this phase.

We are so happy to have Ms. Russell work with us in this new leadership capacity and look forward to her ideas, enthusiasm, and energy.



Spotlight On: Women Faculty

Eleanor Russell, M.A., Assistant Professor, PA Program and new WHCoE Education Program Director, joined the faculty of the PA Program in 1988.

Prior to that, she was a faculty member in the Biology Department at UNC Greensboro. She has received numerous teaching awards for her contributions to the PA Program and was selected as a Faculty Development Scholar 1994-95 (Baylor College of Medicine and University of Texas Medical Branch at Galveston). She directed the implementation of the pilot project for the WFUSM Computer Technology in Medical Education which was conducted within the

PA Program beginning in 1996 and has continued supervising technological enhancements of the PA curriculum and administration. She conducted a National Study of Women's Health Curriculum in PA Education and published the results in 2002. Her teaching responsibilities for the PA Program have included Anatomy, Integrated Medical Science, Geriatrics and Clinical Problem Solving.

Most recently Ms. Russell served three years as Interim Director of the PA Program. Currently she is developing the Master of Medical

Science research curriculum and is Director of PA Master Projects.

Her teaching responsibilities in the WFUSM MD Curriculum have included small group facilitation and evaluation for the courses Medicine as a Profession and Introduction to Human Structure and Development. Her research interests include curriculum design, problem-based learning, the integration of computer technology into curriculum design, and women's health education. She is active in several WFUSM committees and is an advocate for students and innovation in medical education.

Web Trends: The WHCoE Scores Highly

The WFUBMC Intranet recently posted the latest information for the institution's web trends. This report lists the top 3000 wfubmc.edu web pages visited, by month.

We were very pleased to note that the WHCoE website (wfubmc.edu/whcoe) scored within the top 120-140, each month since the site was

published, with the new institutional template, in September 2005.

Through this report we are better able to assess our visitor's needs and our areas for improvement. We will be paying special attention to our website in the coming

months, so be sure to review our site frequently.

We also welcome suggestions. If there is something you'd like to see on the site, please contact Natalie Barrett at nbarrett@wfubmc.edu.

We hope to continue to improve our online service to you.



Donate to the WHCoE

The WHCoE recently launched a *Make a Donation* page on our website. This page details the way we impact the health and professional development of women and what we would use donations for, including:

- Funding of Pilot grants in women's health research
- Scholarships to female faculty to attend national professional development meetings and workshops
- Fund continuing education workshops for healthcare providers
- Scholarships for students to attend

the Graylyn Conference on Women's Cognitive Health

Sponsorship of these initiatives enables us to better realize our missions: to promote the professional development and advancement of women faculty; to facilitate and enhance research in women's health; and to educate on issues of women's health and women's health research.

To learn more visit our website at wfubmc.edu/whcoe.

Mentoring Program Kudos & Tidbit

Congratulation to one of our Mentees, Dr. Mandeep Kaur, Dermatology. She received the Frederic E. Mohs Memorial Award, a one-year \$10,000 grant for research. Dr. Kaur's focus is Opioid blockade in tanning bed users. Congratulations to Dr. Kaur on this outstanding accomplishment.

We have opened a Mentoring Re-

source Room at the WHCoE. This is a dedicated space for our Mentors & Mentees to gather for discussions and to utilize the latest mentoring resources. If you are interested in utilizing the space for a small group, please contact Stacy Rega at srega@wfubmc.edu.

If you have received an award or a grant please let us know.

Meet Our Doctors

The WHCoE has updated its Referral Resource, with information from over 120 Wake Forest University Baptist Medical Center (WFUBMC) health care providers. The updated resource can be found on our *Meet Our Doctors* page at wfubmc.edu/whcoe. A printable version has also been linked on the site, for easy access.

The individuals listed in the Referral

Resource, have clinical services or programs that offer care that is sensitive to gender differences in health, are provided exclusively for women, or meet the expressed desires of women patients.

The Resource offers a prevention, assessment and primary care section and a specialty care index, to review the list by specialty.

All the health care providers on the

CALL FOR POSTERS!!

Bring your recently presented posters to the First Annual Women's Health Research Day on April 25, 2006! This day-long meeting will provide opportunities to discuss your research with senior Women's Health researchers at Wake Forest University School of Medicine (WFUSM).

Criteria:

- Must be women's health related
- Students, Fellows and Faculty are invited to present
- Poster presenters should be available at break times to discuss their poster (times & place will be posted at later date)

A \$100 gift certificate to the WFUSM bookstore will be awarded to the top poster as judged by the WHCoE Research Committee.

For further details, please contact Diana Cornelison at dcorneli@wfubmc.edu or 713-4222.

list responded to a survey that we issue annually. If you are a health care provider at WFUBMC and would like to be included in the Referral Resource, please contact us at whcoe@wfubmc.edu to request a survey. If you are already listed and have a new service, clinic, or procedure to which you would like patients referred, please inform us of the new program or change in services offered.

Women's Health Awareness

Visit healthfinder.gov/library/nho/nhoyear.asp?year=2006 for women's health related National Awareness Campaigns, including:

April: Women's Eye Health & Safety: preventblindness.org
 Cesarean Awareness Month: www.ican-online.org
 6th A Day to End Sexual Violence: www.nsvrc.org

May: Osteoporosis Awareness & Prevention: www.nof.org
 High Blood Pressure Education: hin.nhlbi.nih.gov/nhbpep_kit/
 12th Fibromyalgia Awareness: fmaware.org/may12.htm
 14th- 20th Women's Health Week: womenshealth.gov

Events on the Horizon

Breastfeeding and Feminism: A Focus on the Working Mother

The Linda Arnold Carlisle Professorship will present this symposium on Friday, March 24th, 2006, 8:30-5:30, at the Alumni House at the University of North Carolina at

Greensboro (UNCG).

This all day workshop is sponsored by the UNCG Women's & Gender Studies Department and Center for

Women's Health and Wellness. For more information call 336-334-5673 and to register visit the website at wgs.uncg.edu.

Breastfeeding Classes and Lactation Rooms

The quarterly breastfeeding classes are scheduled to begin on April 4th, July 11th and October 10th. The classes run for 4 weeks and will take place 5:30-7:30 at the WHCoE. A \$30 fee will be charged to cover the cost of course materials and ex-

penses.

Also, don't forget that lactation rooms are available at WFUBMC at the WHCoE, Piedmont Plaza II, 1st Floor; and ActionHealth, Sticht Center, Ground Floor.

For more information about the classes, lactation supplies for sale, lactation rooms at the Medical Center or the Human Milk Bank, please visit wfubmc.edu/women/whcoe_breastfeeding.htm.

Women's Health, Emergency Contraception & the FDA

In August, 2005, Susan F. Wood, PhD, resigned in response to the decision announced by FDA leadership to once again delay approval of Plan B emergency contraception, despite the recommendation of FDA scientific staff.

Since her resignation, Dr. Wood has been speaking about the importance of science and medical evidence in health policy decision-making.

Join us for this exciting presenta-

tion on April 5th, 12-1 in the Commons Conference Rooms, cosponsored by the WHCoE and General Clinical Research Center. Please RSVP by March 28 to Natalie Barrett at nbarrett@wfubmc.edu.

The WHCoE First Annual Women's Health Research Day: Healthy Living Across the Lifespan

Tuesday, April 25, 2006, 8:30-3:30. Comprehensive Cancer Ctr, 2A&B Continental breakfast and lunch provided (registration required for lunch)

The day will feature speakers discussing a spectrum of topics such as Quality of Life, Cancer, Nutrition & Exer-

cise, Perinatal Research, Cardiovascular Research & Domestic Violence.

Special Guest:

Sarah Berga, M.D., James Robert McCord Professor and Chair, De-

partment of Gynecology and Obstetrics, Emory University School of Medicine

Please R.S.V.P. by April 17, 2006 to Diana Cornelison at 713-4222 or dcorneli@wfubmc.edu.

WHCoE Excellence Triathlon, May 20th

The WHCoE Excellence Triathlon will be held May 20, 2006 at Tanglewood Park in Clemmons. Help us raise money for domestic violence (DV) prevention programs, again this year by **registering** at [\[triathlon.org\]\(http://triathlon.org\); **volunteering** for race day by contacting Natalie Barrett at \[nbarrett@wfubmc.edu\]\(mailto:nbarrett@wfubmc.edu\) **or** take part in the **planning** by contacting Stacy Rega at \[srega@wfubmc.edu\]\(mailto:srega@wfubmc.edu\).](http://excellence-</p>
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Subscriptions:

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