

Women Faculty met WFUHS Leaders and Celebrated Their Accomplishments in 2005-2006

On October 11, 2006 the WHCoE combined two of its most successful events, *Meet the WFUHS Leaders* and the *Promotions & Achievements Social*, which resulted in a very exciting celebration at the Piedmont Club in Winston Salem. Women Faculty members were invited to meet and socialize with WFUHS Leaders and celebrate their exceptional achievements for 2005-2006.

Special guests included: *Dr. Richard Dean, M.D., President and CEO*

Dr. William Applegate, M.D., Senior Vice President and Dean

Dr. Johannes Boehme, Ph.D., Associate Dean, Academic Computing and Information Services

Dr. Joseph Mac Ernest, M.D., Associate Dean, Student Affairs

Dr. Patricia Petrozza, M.D., Associate Dean, Graduate Medical Education

Dr. Sally Shumaker, Ph.D., Associate Dean, Research

To document and recognize these numerous and outstanding achievements,

the WHCOE compiled a booklet listing accomplishments in academic year 2005-2006. In addition to listing the women faculty who were promoted and/or received tenure, in the following categories we included: 1. Elected to a National Board; 2. Elected to a Peer-Reviewed Journal Editorial Board; 3. Elected to a Professional Society Officer Position; 4. Principal Investigator on a grant in FY05-06; 5. Served as a Study Section Chair, and 6. Received a National, Local or Civic Award.

Women faculty self-nominated their accomplishments and a detailed list of funded projects was also provided by the Office of Research. We were very pleased to note that the total funding that these projects brought to the institution was \$28,180,885.

The booklet is available on our website at www.wfubmc.edu/whcoe.

We hope that you, too, will be impressed by the outstanding accomplishments of these women and celebrate with them!



Opening remarks by Dr. Sonia Crandall, WHCoE Leadership Program Director.

Drs. Richard Dean, William Applegate, John Boehme,



Mac Ernest and Patricia Petrozza were among the special guests invited to this event.



Who We Are:

Mary Lou Voytko, PhD,
Director
Maggie Dailey, MPH, PhD,
Associate Director
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Research Program Director
Sonia Crandall, PhD, MS
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Associate Project Manager
Diana Cornelison
Administrative Assistant
Natalie Barrett
Administrative Secretary

Vision:

To improve the health of women and their families by: developing excellence and innovation in women's health research, disseminating best practices in women's health to all constituencies and promoting women's professional development.

Donations:

To find out more about making a donation to the Center, please visit wfubmc.edu/whcoe/Make+a+Donation

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Women's Health Funding Opportunities

The WHCoE would like to share some funding opportunities the Research Program has come across:

American Psychiatric Foundation Offers Funding for Mental Illness Information and Outreach Initiatives http://foundationcenter.org/pnd/rfp/rfp_item.html;jsessionid=M05DSJQ344JPRTORSI4CGXD5AAAAC12F?id=156700039 **Deadline: 12/22/06.** Nonprofit organizations can win up to \$750,000 over three years (2005-07) to fund public education, information, and outreach initiatives that promote the early recognition and treatment of mental illness....

Applications Invited for Doris Duke Clinical Research Fellowship Program for Medical Students http://foundationcenter.org/pnd/rfp/rfp_item.html?id=158800051 **Deadline: 1/17/07 (brief proposals).** At least fifty fellowships are available to students from ten medical schools, providing a \$27,000 stipend, health insurance, and other support to encourage pursuit of careers in clinical research....

Robert Wood Johnson Foundation Invites Research Proposals on Disparities Issues

http://foundationcenter.org/pnd/rfp/rfp_item.html?id=144300036. **Deadline: Rolling.** Proposals will be considered for one-year projects requiring up to \$75,000 to reduce racial and ethnic disparities in the care of patients with cardiovascular disease, diabetes mellitus type 2, and/or depression....

Fannie E. Rippel Foundation/AFAR New Investigator Awards on Gender Differences in Aging

<http://fundingopps.cos.com/alerts/103173> **Deadline: 12/15/06.** American Federation for Aging Research (AFAR)

Biobehavioral Methods to Improve Outcomes Research (R21) (PA-07-008)

<http://grants.nih.gov/grants/guide/pa-files/PA-07-008.html> **Multiple Application Receipt/Submission Date: see announcement.** National Institute of Nursing Research, National Cancer Institute, National Institute on Deafness and Other Communication Disorders, National Institute of Diabetes and Digestive and Kidney Diseases, National Institute of General Medical Sciences, Office of Behavioral and Social Science Research.

These and other funding opportunities can now be found on our website at wfubmc.edu/whcoe/Research/funding_ops.htm.

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Safety Tips While Holiday Shopping


With the holidays rapidly approaching, more women than ever will be out & about in area malls and shopping centers. Unfortunately, not everyone will be adhering to the "... good will to (wo)men" credo.


Here are some safety tips to make sure your holidays stay merry!

 Shop during daylight hours when possible or be sure to take an adult friend or family member with you. Small children will not be a deterrent.

 Dress casually & comfortably and avoid wearing expensive jewelry.

 If possible, carry your money, check book, credit cards & ID, not in a wallet, but a fanny pack on the front of your body. Avoid carrying cash at all.

 Pay attention to your surroundings, especially when returning to your car carrying parcels. It's easy to get distracted while looking for your car. Also, have your keys in hand before leaving the building. Don't forget to look under your car when approaching it, in case someone is hiding under it.

 Finally, be wary of strangers approaching you for any reason. If

someone needs help with their car, point out the presence of the extra security & police officers, & suggest that they ask them for help. All malls & most shopping centers employ extra security for that purpose during the holidays.



Women's Health Awareness

Visit healthfinder.gov/library/ for women's health related National Awareness Campaigns, including:

November

American Diabetes Month: www.diabetes.org

Epilepsy Awareness Month: epilepsyfoundation.org

Prematurity Awareness Month: marchofdimes.com

December

12/1: World AIDS Day: unaids.org/en/default.asp



Women's Forum Update

The semi-annual meeting of the Women's Forum was held Thursday, November 09, 2006 at the home of Dr. Susan Hutson, Professor of Biochemistry at WFUSM.

More than 40 women faculty and key staff/administrators from both the Reynolda and Hawthorne campuses gathered for cross-campus collegiality and to foster discussion about recruitment and retention of women and minority faculty members.

Drs. Mary Lou Voytko, WHCoE Director and Professor of Neurobiology & Anatomy at WFUSM and Dean of the College, Debbie Best, highlighted findings from the recent "Demographic Trends Report 2001-

2005", researched and published by the Women's Forum in summer 2006. This document is available on the Women's Forum website at <http://groups.wfu.edu/womensforum/>.

The report provides distributions of academic administrators, faculty members and students at all 6 Schools of the University by gender, minority status, rank, tenure status and leadership responsibilities.

Discussion at this meeting, stimulated by the report, generated many exciting ideas about specific future steps the Women's Forum can take to create and promote a supportive community for all at Wake Forest.

1st Annual Mentor Award

The WHCoE Mentoring Program is proud to announce that the recipient of the first Annual WHCoE Mentoring Program Award is Dr. Claudine Legault, Associate Professor, Division of Public Health Sciences, Department of Biostatistical Sciences.

Dr. Legault, who has been a mentor in the Program since its inception was nominated for her invaluable career guidance and support to several Mentees in the Program.

Sonia Crandall, WHCoE Leadership & Mentoring Program Director stated, "Dr. Legault is an incredible asset to and staunch supporter of the Mentoring Program. She has helped many

women junior faculty to envision and pursue their career aspirations."

We would like to send out an invitation for all WFUHS Senior Faculty who are not already Mentors in the WHCoE Mentoring Program, to join and become a Mentor to Women Junior Faculty. For more information about joining the Program contact Sonia Crandall, Leadership & Mentoring Program Director at crandall@wfubmc.edu.

Please join us in congratulating Dr. Claudine Legault for receiving the first annual WHCoE Mentoring Award.

Medical Student Research Award

CONGRATULATIONS!

The WHCoE's Research Program would like to congratulate medical student Jodi Galla, Class of 2009, on winning the "Best Poster for

Women's Health Research" on Medical Student Research Day on October 4, 2007. Her poster, "Measuring Sleep in Depressed Insomniacs: Can Polysomnography be Re-

Women's Health Tidbits

In light of recent "germy food" incidences and considering that we are heading into the feasting months, here are some simple tips for keeping your family healthy & well-fed:

- Wash all fresh produce, even if the bag says "pre-washed". With wrinkly vegetables, such as lettuce & spinach, dunk it in a bowl of clean water to get the contaminants out of the crevices. However, keep in mind that washing will only lessen, not eliminate, the number of germs such as E. coli.
- Meat, especially hamburger, should be thoroughly cooked. Many meats are contaminated but since the organisms dwell on the surface of the meat, the temperature of cooking will kill them. That is not the case with ground meats because of the way they are processed and ground together. Bacteria can easily end up on the inside of a patty or loaf and be protected from the high temperature needed to kill it.
- And last, but certainly not least, avoid cross-contamination of food by thoroughly cleaning all food preparation areas and utensils. Thoroughly wash your hands before handling different types of foods and make sure that your foods are properly refrigerated at 40 degrees or below.

By following these simple tips, you and your family can safely enjoy eating all of that good holiday food!

Events on the Horizon

** MARK YOUR CALENDARS ** Research Seminar Series & 2nd Annual Women's Health Research Day

December 5, 2006, Noon-1: *Development of a Primate Model for Cervical Cancer:* Charles Wood, ---DVM, PhD, WFUSM. Hanes, E24. Lunch provided – no registration.

January 23, 2007, Noon-1: *The Effects of Variations in Maternal Care on Reproductive Behaviors:* Michael J. Meaney, PhD, McGill University, Montreal, Quebec. Location TBD. Lunch provided – no registration.

March 13, 2007, 8-5: Women's Health Research Day (WHRD). Speakers Include: **Walter Willett, MD, MPH, DrPH**, Harvard University School of Public Health (keynote); and **Philip Mellen, MD, MS; Barbara Nicklas, PhD; Richard B. Weinberg, MD** of WFUSM.

This event is open to all women's health research faculty & staff and

those interested in women's health research. Stay tuned for more about additional speakers & poster awards. Continental breakfast and lunch provided. Registration required only for Dr. Willett's talk at 12pm.

For more information visit wfubmc.edu/whcoe or contact Diana Cornelison at dcorneli@wfubmc.edu.

2007 Breastfeeding Classes Scheduled!

The 2007 series of breastfeeding classes have been scheduled quarterly as follows:

January 9, 16, 23 April 10, 17, 24
July 10, 17, 24 October 9, 16, 23

The classes take place 5:30-7:30 pm at the WHCoE. There is a \$30 fee to cover the cost of course materials and expenses.

For more information about the

classes, lactation supplies for sale, lactation rooms at the Medical Center or the Human Milk Bank, please visit wfubmc.edu/whcoe/Education/breastfeeding.htm.

10th Annual Excellence Triathlon, a call for help

Domestic violence is an insidious problem that affects our society at all levels. It does not occur primarily within a particular race, religion, age or socioeconomic group. Nearly half of American women will be abused by a current or former partner, spouse or lover at some time in their life and one in 12 pregnant women in the U.S. are abused. Domestic violence is the leading cause of injury in women. In most cases, the person who is abused is a woman but domestic violence is not limited by gender; it also happens within same-sex relationships.

This marks the 10th year that the WHCoE has hosted the Excellence Triathlon, an event that strives to

bring attention to this issue by raising community awareness and funds to support research and programs. The event will once again take place in beautiful Tanglewood Park in Clemmons, NC on May 12, 2007.

We are currently in the process of looking for dedicated souls to assist us in preparation for our biggest event ever! If you are interested in joining us either in the planning (and this will only be a few hours of your time) or on race day, please contact **Diana Cornelison** at (336)713-4222 or dcorneli@wfubmc.edu. We have a variety of areas that need workers and we will try to accommodate any special interests or talents that you may have.

If your interest is more athletic or monetary, do not hesitate to contact us about that, either! Most of the event information can be found at our race website at www.excellencetriathlon.org/ or by contacting the Race Co-Directors. Please join us in our endeavors!

**There is no excuse for abuse
National Domestic Violence
Hotline: 1-800-799-SAFE**

Subscriptions:

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