



Women's Health Update

Women's Health
Center of Excellence
Wake Forest University
School of Medicine

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Research Into Domestic Violence Takes Many Paths at WFUSM

This issue of our newsletter puts the spotlight on some WFUSM activities concerning education and prevention of domestic violence.

Clergy Coalitions

Dr. Alison Snow Jones, working with a coalition of community leaders known as the Faith in Action Committee (FIAC), is involved in a number of domestic violence prevention projects. She is working with Family Services, Inc. to train local clergy to recognize and appropriately address domestic violence situations among their congregations. With Dr. Jill Crainshaw, Associate Dean for Vocational Formation at WFU Divinity School, she organized a recent conference to inform local clergy about domestic violence and appropriate responses to it.

Good relationships have been nurtured with the Pilot Mountain Baptist Association, the Today's Woman Center, St. Anne's Episcopal Church, and Catholic Social Services. FIAC and Dr. Snow Jones are continuing to reach out to Moravian and Methodist churches in Forsyth County; work with the Hispanic International Action Association and local Latino clergy; and plan to become a participating site in a national clergy-training program funded by the U.S. Department of Justice. This spring, Dr. Snow

Jones was nominated for an ECHO Award (Winston-Salem Foundation) by the WHCoE in recognition of her dedication and contributions.

Project PAAVE

Project PAAVE is a 3-year project funded by the Duke Endowment (PI: Dr. Denise Bonds) that seeks to train healthcare providers from practices in Forsyth and nearby counties to identify and respond appropriately to domestic violence. Training and screening protocols were created through the project. Baseline data show that only 15% of women seen in these primary care settings had been screened for domestic violence. Healthcare providers and staff at each practice are being surveyed to measure changes in screening practices and providers' comfort in dealing with this critical issue.

Ongoing Work

Our 7th Annual Triathlon (see page 4) benefits local domestic violence prevention initiatives. In the past, the Triathlon funds have supported projects as diverse as Dr. Snow Jones' clergy initiatives and a puppet-based domestic-violence education program for Hispanic children (a coalition led by Dr. Sara Quandt, Public Health Sciences/ Epidemiology). We



hope to continue supporting innovative projects like these to reduce the impact of this destructive problem in our community.

Foundation for a Better Future

This spring, the WHCoE gathered a group of multi-disciplinary researchers from WFUSM, Winston-Salem State, UNC-Greensboro, and the community to network, brainstorm, and generally join forces to foster research into domestic violence. Group members work with diverse constituencies, e.g. the criminal justice and educational systems, city and local governments, and the minority community.

Members share news about their projects, hear about funding possibilities, and gain support for their efforts. Goals are to secure funding for projects that will: help identify the causes of domestic violence, address their many facets, and work toward their elimination. We'll report on their progress in future issues.

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Speakers Give Leadership and Mentoring Tips

Valerie Williams, MPA



Valerie Williams, MPA, Associate Dean for Faculty Affairs, University of Oklahoma College of Medicine

Valerie Williams, MPA, Associate Dean for Faculty Affairs at the University of Oklahoma College of Medicine, visited WFUSM on March 29-30. Ms. Williams is Director of a campus wide faculty leadership and mentoring program at the College of Medicine, and participates in the prestigious Association of American Medical Colleges (AAMC) Faculty Professional Development Seminars for Women.

Ms. Williams' visit was sponsored by Leadership Program of the WHCoE, the Office of Faculty Services, and the Department of Family and Community Medicine.

Ms. Williams gave two presentations during her visit with us. In a luncheon talk entitled *Tips and Techniques for Mentoring Junior Faculty*, she stressed helping junior faculty acclimate to the new environment, setting expectations early with the junior faculty and assisting them in establishing their goals, and of framing their goals in the context of the expectations of their department and institution. A mentor should provide an open forum of communication so that feed forward and feedback dialogues take place.

Mentors have many roles (see text box, next column). These can include: providing information about pathways to promotion, helping the junior faculty balance their multiple life roles, and broad-

Six Roles of Mentors

- + Opening doors and providing introductions
- + Offering information
- + Advising — providing insight
- + Coaching — developing skills
- + Giving constructive feedback and counseling
- + Providing emotional support

ening the institutional network for the junior faculty.

Scholarship in academic medicine can include discovery, application, integration and teaching. This diversity may require different forms of mentoring, including a committee in which a number of individuals serve as mentor in different capacities to the junior faculty.

Ms. Williams's second presentation was on March 31 to 15 participants of the Women Junior Faculty Mentoring Program of the WHCoE. In this session entitled: *Light the Fire-Fan the Flame: The Mentor's Gift*, Ms. Williams and attendees used real-life scenarios experienced by junior faculty, particularly women, to discuss strategies that both mentors and junior faculty can use for problem prevention as well as problem solving.

Sharon Turner, DDS, JD

On April 13-14, the WHCoE hosted Sharon Turner,

D.D.S, J.D., Dean of the University of Kentucky College of Dentistry. In a talk on *Leadership in Academic Medicine: The Feminine Approach*, she spoke about external and internal factors that determine leadership potential, how men and women lead differently, and about her own experiences as Dean of two Colleges of Dentistry. Dr. Turner also described different styles of leadership and the advantages and disadvantages of each style.

Dr. Turner's second presentation was entitled: *Mentoring Relationships: Types, Methods, Expectations, Outcomes*. She touched on many aspects of mentoring, e.g. its history, objectives, and importance; different types of mentoring; and the role of the department chair and other senior faculty. Elements of effective and "toxic" mentoring (see box below) were discussed, and details about faculty development and mentoring at her institution were presented.

Characteristics of a "Toxic" Mentor

- + Exploitive
- + Self-serving
- + Takes credit for the work of a protégé
- + Unavailable
- + Threatened by success of a protégé
- + Undermines confidence of a protégé



Sharon Turner, DDS, JD, Dean of the University of Kentucky College of Dentistry



A Tour Through Our Website

The WHCoE website, with sunny yellow-and-orange banners and easy-to-read layout, resides in WFUBMC Women's Health pages at www.wfubmc.edu/women. On the WFUBMC Women's Health page the WHCoE offers a listing of *New Programs* at the Medical Center; *Other Links* to sites related to women's health; and our Women's Health Referral Resource on our *Meet Our Doctors* pages. Also listed:

Professional and Community events and Women's Health News & Resources. Learn more about our Education, Leadership & Mentoring, and Research Programs, the Research Support Core, and the WHCoE Resource Center Catalogue by following the links. We also update the "Upcoming Events" section frequently. For more information about who we are, where we are and how to contact us, visit our introduction page.



Women's Health Referral Resource Now Online

The WHCoE updated our Women's Health Referral Resource in March 2004. This resource lists over 100 WFUBMC health care providers with clinical services or programs that offer care sensitive to gender differences in health, are provided exclusively for women, or meet the expressed desires of women patients. The list

is subdivided by topic for easy searching and provides contact information for each service or provider included.

To view the Referral Resource or to access a printable version of the list, visit our *Meet Our Doctors* page at www.wfubmc.edu/women.

All health care provid-

ers on this list responded to our annual survey. If you provide a women's health clinical service or program and would like to be added, please contact [Natalie Barrett](#). Periodic updates will be posted online at the site.

Please remember to use our Referral Resource when referring patients.



WHQA Website Goes Live

The new website for the Center on Women's Healthcare Quality Assessment (WHQA) at www.whqa.org features tested survey tools based on data from the National Centers of Excellence in Women's Health clinics, the first designed to assess the quality of women's primary care. Dr. Roger

Anderson (PHS/Social Sciences and Health Policy) was awarded a grant from the Office of Research on Women's Health (Dept of Health and Human Services) to create the website. Included: validated surveys and research tools of interest to practitioners, health care administrators, and researchers.

Also on the site: links to articles of interest and data from the CRISP database about NIH-funded projects in this field.

The WHCoE helped create content, edit documents, and helped design the site. We welcome your feedback on this work in progress.





Events on the Horizon

Triathlon Helps Fight Domestic Violence: May 22

The Annual Women's Health Center of Excellence Triathlon raises money to support domestic violence prevention and research in our community. One of the longest running triathlons in the state of North Carolina, and the only triathlon in Winston-Salem, our 7th annual event takes place on **May 22** on the campus of Wake Forest University.

The event hosts runners, bikers, and swimmers from around the Southeast. You can participate in all three events, or form a team and have

each member compete in one of the events — the 300 yard swim, 11 mile bicycle race, and 3.2 mile run. There is still time to register, or to join the 100 dedicated volunteers who help the event go so well.

Race and volunteer information will be available at the Silent Witness exhibits (see story below). Or for more details, you can visit the page at http://www.wfubmc.edu/women/whcoe_excellence_triathlon.html. Online registration is available at this site: http://www.set-upinc.com/2001racepages/wake_forest/wake_forest.shtml.

[shtml](#).

The event is limited to the first 300 registrants, and space is filling up fast. Says event director Kristin Kidd, "The past five years, we've sold out of entry slots."

She continues, "To bring about prevention, you need to understand the underlying causes of the violence." This event makes possible more research within our local community to gain that understanding.

So put your team together, and we'll see you on the 22nd!



A photo album of the 2003 Triathlon. Clockwise from top right: registrant check-in; the 10K run in progress; some of our dedicated volunteers; the National Anthem and opening ceremony; the swim competition underway.

National Women's Health Week at WFUHS: May 9-15

The National Women's Health Week is May 9-15, and the Women's Health Center of Excellence would like to raise awareness the whole month of May around a particularly pressing women's health issue: domestic violence.

As you walk around the Medical Center during the month of May, you'll see several life-size cut-outs of women, painted bright red. These figures are part of the Silent Witness exhibit, a tribute to Forsyth County victims

who died as a result of domestic violence since 1995. Each figure includes the victim's name and how her life was cut short from abuse.

The Silent Witness figures will be on display throughout the Medical Center during May. Here's the schedule for where to view this powerful and moving exhibit:

May 3-7: Watlington Hall lobby

May 10-14: North Tower, main floor

May 17-21 Janeway Clinical Sciences Tower

May 24-28: Reynolds Tower, ground floor.

Silent Witness will also be exhibited at our Triathlon on May 22 (see above).

During May, Silent Witness will be in the lobby of the WHCoE at Piedmont Plaza II, 1st floor, Suite 101.

For more about the Silent Witness program, visit their web site at <http://www.silentwitness.net>.



In Our Next Issue

- Urinary Dysfunction Surveys Now Available
- Women's Health Initiative Update
- Tour the WHCoE Resource Center
- ... and more!